

Raynham Park and Recreation Department

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www.town.raynham.ma.us

PARK & RECREATION COMMISSION

Chris Shaw, Chairman

Jim Sullivan Joe Doyle

PARK & RECREATION STAFF

Elizabeth Francis Director
Nathan DoRosario Program Coordinator
Heather Whitman Child Care Administrator
Nadine Kelly Kindergarten Coordinator
SJ Blanchard Administrative Assistant

played organized lacrosse. The clinic will be instructed by the Raynham Youth Lacrosse coaches and will focus on fundamental skills, including throwing, catching, shooting and cradling. A variety of drills creating game-type situations will be used to provide players with a flavor for this fun, fast-paced sport. The program will be located at the LaLiberte School gymnasium.

Tuesdays – 3:30 - 5:00 pm Cost: \$20
Registration Deadline: December 31

INTRODUCTION TO GUITAR

January 10 - February 21
No class scheduled on January 31

Rick's Music World, in collaboration with the Raynham Park & Recreation Department, is offering classes for children ages 9-13. Instructor Mark Carvalho will teach the fundamentals of guitar playing in a small group setting. Students will enjoy learning tips to help them play music faster and develop good techniques to build upon. Each student will need an acoustic guitar for practicing at home. Teacher-approved student guitars are available for purchase. The class will be held at Rick's Music World, 421 Route 44, Raynham. Maximum class size: 10 students.

Sundays – 12:00 - 1:00 pm Cost: \$105
Registration Deadline: January 4

BLUE HILLS SKIING & SNOWBOARDING LESSONS

January 10 - February 14
No class scheduled on February 7

Raynham Park & Recreation Department, in conjunction with Blue Hills Ski Area, is offering ski and snowboard lessons for children ages 7-15. This 5-week instructional program is offered on Sunday mornings at the Blue Hills Area Area in Milton, MA. Parents are responsible for transporting their children to and from the program. Ski lesson registration forms are available at the Park & Recreation Office or at www.town.raynham.ma.us

Sundays – 9:00 - 10:30 am
Cost: \$160 for lessons only
\$235 for lessons and equipment rental
Registration Deadline: January 4

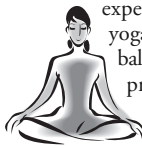
ADULT PROGRAMS

ADULT YOGA

January 4 - March 22
No class scheduled on January 18 & February 15

Registered yoga teacher Evelyn Brown invites beginners and experienced individuals to explore the ancient science of yoga. Hatha yoga will stimulate circulation, improve balance, strength, flexibility and reduce stress. This 10-week program is being offered for all skill levels at the Merrill School gymnasium (use main entrance for parking). Please dress comfortably and bring a yoga mat.

Mondays – 6:00 - 7:15 pm Cost: \$75
Registration Deadline: December 31



ZUMBA

January 14 - March 11

No class scheduled on February 18

Zumba combines high energy and motivating Latin and International music with unique dance moves and combinations that allow the Zumba participants to dance away their worries. Have fun while toning and strengthening the body. Zumba is not only great for the body, but is also great for the mind. This 8-week combination aerobics/dance class will be held at the Merrill School gymnasium.

Thursdays – 6:30 - 7:30 pm Cost: \$60
Registration Deadline: January 4

BALLROOM DANCING CLASSES

January 7 - February 25

The Paris Academy of Ballroom Dancing is offering adult dance classes through the Raynham Park & Recreation Department. During this 8-week program, participants will learn the foxtrot, salsa, swing and waltz. Classes will be held at the Paris Academy of Ballroom Dancing at the Village South Plaza, 473 South Street West. Please use the attached registration form and return it to the Raynham Park & Recreation Department.

Thursdays – 7:00 - 8:00 pm Cost: \$85
Registration Deadline: December 28

NORDIC WALKING

February 21 - March 28

Nordic Walking is walking with the use of specifically designed walking poles. Nordic Walking uses both upper and lower body muscles, burning more calories faster than regular walking. This 6-week program is a great way to improve your endurance and cardiovascular fitness. The class will be held at the RMS track. Poles are required and may be purchased with program registration.

Sundays – 9:00 - 10:00 am
Cost: \$25 class only
\$55 class and poles
Registration Deadline: February 15

WOMEN'S OPEN BASKETBALL

January 6 - March 24

Raynham residents ages 18 and over are welcome to participate in open gym basketball. The program will be held at the LaLiberte School. The format is pick-up games and players will be selected to play on a first-come, first-serve basis.

Wednesdays – 7:00 - 9:00 pm
Cost: \$30
Registration Deadline: December 30



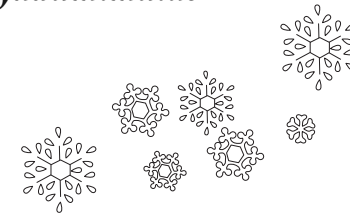
WINTER

2009 - 2010 PROGRAMS

Raynham Park and Recreation Department

telephone 508.824.2743

www.town.raynham.ma.us



SPECIAL EVENTS

CELTICS GAME

Join us for Raynham night at TD Garden, when the Celtics play the Denver Nuggets on March 24 at 7:15 pm. The first 25 children under 14 years old who register will be able to participate in the "Kids Halftime Tunnel". The children will have access to the court and greet their favorite Celtics player as they come on the court for the second half. Tickets will be available for pick-up a week before the game.
Balcony Seats \$75, Lower Level Seats \$125
Registration Deadline: February 12



10th ANNUAL EASTER EGG HUNT

March 27
 This event will take place (weather permitting) Saturday, March 27 at the ballfields behind Merrill School. The Easter Egg Hunt will start at 10 am for children ages 2-4 and at 10:45 am for children ages 5-8. There will be a special appearance by the Easter Bunny, along with the Barnyard Babies and bunnies.
 No advance registration is necessary.
Cost: \$3 per child



AMERICAN RED CROSS ADULT PLUS CHILD CPR CLASS

March 20
 This course will train lay responders to overcome any reluctance to act in emergency situations and to recognize and care for life-threatening respiratory or cardiac emergencies in adults and children. Participants will learn about the basic precautions to prevent disease transmission, as well as the importance of automated external defibrillator (AEDs). This CPR course also includes training in the use of AEDs on an adult victim of sudden cardiac arrest. This class will be held at the Merrill School cafeteria.
March 20 - 9:00 am - 2:30 pm
Registration Deadline: March 12
Cost: \$80

AMERICAN RED CROSS PET FIRST AID

March 27
 The Pet First Aid class combines a lecture/discussion/video/skill practice to provide participants with the knowledge and skills they need to provide care to their cat or dog in an emergency. Participants will receive either the Cat First Aid book and DVD set or the Dog First Aid book and DVD set. The class will be held at the Merrill School cafeteria.
March 27 - 9:00 am - 1:00 pm
Registration Deadline: March 19
Cost: \$75



YOUTH PROGRAMS

AMERICAN RED CROSS BABYSITTING TRAINING

February 17 & 18
 The American Red Cross Babysitters Training is for individuals ages 11-15. This course provides individuals with the information and skills necessary to provide safe and responsible care for children in the absence of parents or adults. All participants will receive a Babysitters Training Certificate, Child & Infant CPR Certification, Babysitter's Handbook, and laminated skill card. The course will be held at the Merrill School cafeteria. Please pack a lunch.
Feb. 17-18 - 10:00 am - 3:00 pm
Registration Deadline: February 12
Cost: \$85



Boys & Girls YOUTH LACROSSE CLINIC

January 5 - January 19
 This 3-day clinic is ideal for children in grades 2-4 who are interested in learning about the game of lacrosse and who have not played organized lacrosse. The clinic will be instructed by the Raynham Youth Lacrosse coaches, and they will focus on fundamental skills, including throwing, catching, shooting and cradling. A variety of drills creating game-type situations will be used to provide players with a flavor for this fun, fast-paced sport. The program will be located at the LaLiberte School gymnasium. No equipment is required.
Tuesdays - 3:30 pm - 5:00 pm
Registration Deadline: December 31
Cost: \$20



DRAMA KIDS Theatre Workshop & Performance

January 12 - April 6
 This workshop for children in grades 2-4 will focus on all aspects of putting together a theatrical production. Participants will learn how to use voice, movement and creativity to play the role of a lifetime. The results will be an all-out performance complete with scenery and costumes. This 12-week program will be held at the LaLiberte School cafeteria and will culminate with a staged performance of "Storyland, Behind the Scenes".
Tuesdays - 3:30 - 4:30 pm
Registration Deadline: January 8
Cost: \$160



DRAMA TYKES (K - 1st Grade)

January 12 - March 23
 The DRAMA TYKES program is an excellent way to introduce the long-term benefits of dramatic arts participation to children. Each DRAMA TYKES student is highly involved in creative drama activities that develop speaking skills, build confidence, and enhance early social skills and creative learning. Our drama instructors make

sure all students feel comfortable, and new scenes and activities are held in each class. Activities include creative movement, interactive drama and imagination stations. Don't miss the fun! Space is limited. The program is located at the LaLiberte School cafeteria.
Tuesdays - 4:45 - 5:30 pm
Registration Deadline: January 8
Cost: \$150

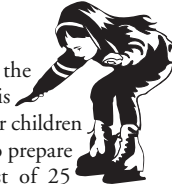


WINTER FUN CLUB

February 16 - February 19
 Watch for a separate flyer detailing the fun and exciting activities we have planned during February vacation, including arts & crafts, special events, and an entertainer! The Winter Fun Club will be held at Merrill School. This program will be available during February school vacation week (Feb. 16 - Feb. 19). Registration forms will be distributed through the schools. For more information and registration forms, contact the Park & Recreation Office.

TINY TOTS SKATING LESSONS

Session I - January 7 - March 4
Session II - March 11 - April 29
 Bridgewater Ice Arena, in conjunction with the Raynham Park & Recreation Department, is offering an 8-week "Learn to Skate" program for children 18 months & up. The easiest and fastest way to prepare for hockey or figure skating! Classes consist of 25 minutes of lesson time, story time, and 25 minutes of practice time. Instructed exclusively by accredited skating professionals. Skaters grouped by age and ability. Helmets and single-blade skates required. Gloves or mittens are recommended, as well as warm, layered clothing. The program will be held at Bridgewater Ice Arena, 20 Bedford Park, Bridgewater.
Thursdays - 10:00 am or 1:00 pm
Registration Deadline:
Session I: December 30
Session II: February 28
Cost: \$96



ULTIMATE RECESS

February 2 - March 2
 This program is for children in grades 2-6 and is a new twist on every child's favorite time of the school day! The participants will enjoy some of the classic recess games, including dodge ball, basketball, soccer, capture the flag, whiffle ball, and new games including bleacher ball and ultimate frisbee. This program will be held at the LaLiberte School gym.
Tuesdays - 3:30 - 4:30 pm
Registration Deadline: January 20
Cost: \$35



CO-ED YOUTH LACROSSE CLINIC

January 12 - January 26
 This 3-day clinic is ideal for children in grades 2-4 who are interested in learning about the game of lacrosse and who have not

REGISTRATION:

Register for programs in advance of deadlines. Payments may be made in the form of money order or check and made out to the "Town of Raynham." There is a \$25.00 fee for all returned checks. Return this registration form to the Park and Recreation Dept., 2254 King Philip Street, Raynham, MA 02767. Office hours: M-F, 8:30 am - 1:30 pm. A mailbox is available next to the door if the office is unattended. Thank You!

I, the parent/guardian of the registrant, agree that I and the registrant will abide by the rules of the Raynham Park and Recreation Department, its affiliated organizations, sponsors and staff. Recognizing the possibility of physical injury associated with this activity and in consideration for the Raynham Park and Recreation Department accepting the registrant for this program, I hereby release, discharge and otherwise indemnify the Raynham Park and Recreation Department, its affiliated organizations, sponsors and staff, their employees and associated personnel, including the owners of the facilities utilized, against any claim by or on behalf of the registrant as a result of the registrant's participation in the program and/or being transported to or from the same, which transportation I hereby authorize.

Participant/Parent/Guardian

Participant's Name

Program

Grade _____ Date of Birth _____

Parent/Guardian's Name

Address

City / State / Zip Code

Phone

Emergency Contact

Emergency Phone

AMOUNT DUE: _____

REMINDER:

Confirmation calls will not be made. You are registered for your program unless notified otherwise.

LATE REGISTRATION FEE: There will be a \$10 late registration fee per program.