



Raynham Council on Aging
 2215 King Philip Street
 Raynham, MA 02767
 508-824-2740



The Center

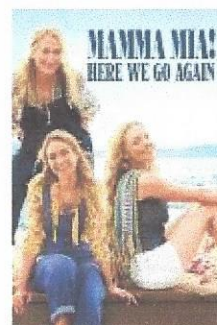


December 2018

Senior Center Hours: Monday-Friday, 9 a.m. to 3 p.m.

Christmas Party

Join us at the Raynham Senior Center for the annual Christmas holiday party on December 6 at 12:30 p.m. The day will feature a catered hot luncheon, entertainment by Dave and Marcia Burbank, and free raffles. The party will be for Raynham residents only, and tickets are on a first come, first served basis, and you must pick up your tickets at the center. No phone calls, please. Tickets available beginning November 19.



Lunch and movie

December 13

12 noon

\$3 per person

Tickets must be purchased in advance at the Senior Center.

Cake and Movie

December 20

1 p.m.

\$2 per person

Tickets must be purchased in advance at the Senior Center.

Medicare Open Enrollment ends 12/7

During Medicare Open Enrollment, you can adjust your plan for next year. SHINE Counselors help you understand *your* plan changes as well as *other options* you may have.

For an appointment at the Raynham Senior Center with SHINE Counselor Peggy Evers call 508-824-2740 on Monday, Wednesday or Friday.

MEN'S BREAKFAST

December 17, 2018 9 a.m.

\$3.50/Raynham residents \$4.50/all others

Eggs, bacon, sausage, beans, home fries, pancakes, pastry, fruit and coffee

Tickets must be purchased in advance at the Senior Center.

Senior Center Winter Weather Alert

The Raynham Senior Center is closed to the public if and when the Bridgewater-Raynham School District is closed because of inclement weather. Please listen to radio, television stations, or online media in the Boston-Providence area for notifications of school closings.

Council on Aging, Raynham Senior Center, 2215 King Philip Street



508-824-2740

emoura@town.raynham.ma.us

Elizabeth Moura Director

John Teixeira, Vice Chairman James Cerep, Vice Chairman

Jeffrey Damby, Secretary



Members: Suzanne Burns, Patricia Rank, Grace Smallhoover, Betty Thompson

Associate members:

Yvonne Quinlan, Clerk

Peggy Evers, Outreach Worker

(Hours M W F, 9 a.m.-3 p.m.)

Council on Aging meeting: First Monday of each month, 9:30 a.m., Senior Center



Christmas arrangements

Make a holiday arrangement with Sue Burns

Sue Burns uses her skills and imagination to help you use yours on December 10 at 1 p.m. when we have our annual greens arrangement session.

Greens, oasis and ribbons are provided, but you must bring other decorations and a container to place the arrangement in. You must call 508-824-2740 in advance to sign up. Space is limited.



What is a Memory Café?

A Memory Café is a relaxed atmosphere for individuals living with memory loss and their caregivers, a somewhere they can interact in a stress free, caring place. The Memory Café at All American Assisted Living, 1084 Broadway, Raynham offers a free memory café on the third Thursday of every month from 1 p.m. to 3 p.m. At this free event, you can share a meal with your loved one, participate in fun activities and games, make friendships with those who have similar experiences, experience peer support, and receive resources and education. Please call 508-822-9400 if you would like to come for an afternoon of sharing and support.

Second yoga class on Fridays

Susan Andrea teaches the second day of chair yoga on Friday at 10:30 a.m. The cost is \$5 per session. Susan is well-known to area yoga students from her classes in the area, including East Bridgewater.

Note: Bob Stowell teaches chair yoga on Tuesday at 10 a.m.

Aerobicize!

Certified Instructor Diane Nanfelt holds an aerobic-cize class geared to seniors on Mondays from 9 a.m. to 10 a.m. and on Tuesdays 11:30-12:30, including cardio and muscle working exercises fused with a few dance moves. Classes are \$2 for Raynham residents, \$3 for all others. **(Please note: classes will not be held on the fourth Mondays of the month because of special breakfast programs.)**

"45" card game starts play every Monday at 12:30 p.m.. Please arrive before 12:30 so the game can set up and start on time.



AARP Tax preparation program returns

Tax preparers from the AARP will do simple tax returns free at the Senior Center from February through April. Appointments will be taken on a first come first served basis and appointments will be made beginning on January 2. **No appointments will be made before this date.** To make an appointment on or after January 2, please call the Raynham Senior Center, 508-824-2740.

The list of document required to be brought with you for your appointment is listed below.

Items to bring for 2018 tax preparation:

Photo ID

Social Security Number Verification

Social Security Card for each person listed on tax return

Tax document showing income, address, and social security number

Prior Year tax return (this is your 2017 tax return prepared during the tax season in 2018)

Documents showing income received during 2018

SSA-1099 statement of Social Security benefits received in 2018

1099R Pension/IRA/401K statements of amounts received in 2018

W2 form statement for earned income from 2018

1099-INT statement for interest received in 2018

1099-DIV statement for dividends received in 2018

1099-B statement listing stock transactions in 2018

These documents may not be issued by brokers until mid-March

1099-C statement of cancelled debts in 2018

1099-G statement of unemployment compensation received in 2018

1099-MISC statement of income from self-employment in 2018

Business income/expenses (limited scope for AARP TaxAide)

W-2G statement of gambling winnings (lottery, casino, etc>)

Schedule K-1's for partnership income (and prepaid funeral accounts)

Documents showing expenses for 2018

Medical expenses

Property taxes

Water and sewerage bills (for Mass residents 65 and over)

Rent paid in 2018

Mortgage Interest statement – Form 1098 from bank

Student loan interest (1098-E)

Tuition payments (1098-T)

Charitable contributions

Verification of Health Insurance coverage

Massachusetts form 1099-HC

1095-A form showing Premium Tax Credits if on Health Connector

1095-C showing employer provide health insurance information

Medicare card if eligible for Medicare

MassHealth Card if eligible

Most people do not receive all the above forms. If you do, please bring them to your appointment.



Raynham Senior Center December 2018




MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3 Aerobicize 9 COA meeting 9:30 Singing 11 45 card game 12:15	4 Canasta/hand foot 9 Chair yoga 10 Aerobicize 11:30 Whist 12:30 Line dancing 1	5 Exercise 9 No tai chi Mah jongg 12 Cribbage 12:30	6 Wii bowling 9 Canasta/hand foot 9 Christmas Party 12:30 Painting 12:30	7 Exercise 9 Mah Jongg 9 Chair yoga 10:30 Quilting/knitting 12 Painting 12:30
10 Aerobicize 9 Singing 11 45 card game 12:15	11 Canasta/hand foot 9 Chair yoga 10 Aerobicize 11:30 Whist 12:30 Line dancing 1	12 Exercise 9 No tai chi Blood pressure 9:45 Mah jongg 12 Cribbage 12:30	13 Wii bowling 9 Canasta/hand foot 9 Lunch and movie 12 Painting 12:30	14 Exercise 9 Mah Jongg 9 Chair yoga 10:30 Quilting/knitting 12 Painting 12:30
17 Men's Breakfast 9 Singing 11 45 card game 12:15	18 Canasta/hand foot 9 Chair yoga 10 Aerobicize 11:30 Whist 12:30 Line dancing 1	19 Exercise 9 Tai chi 10:30 Vet's Agent 10 Mah jongg 12 Cribbage 12:30	20 Wii bowling 9 Canasta/hand foot 9 Painting 12:30 Cake and movie 1	21 Exercise 9 Mah Jongg 9 Chair yoga 10:30 Quilting/knitting 12 Painting 12:30
24 CHRISTMAS EVE HALF DAY No singing No 45	25 MERRY CHRISTMAS! Senior Center Closed 	26 Exercise 9 Tai Chi 10:30 Mah jongg 12 Cribbage 12:30	27 Wii bowling 9 Canasta/hand foot 9 Painting 12:30	28 Exercise 9 Mah Jongg 9 Chair yoga 10:30 Quilting/knitting 12 Painting 12:30
31 NEW YEAR'S EVE- HALF DAY No singing No 45	<div style="border: 2px solid black; padding: 10px;"> <p>Free blood pressure clinic</p> <p>Wednesday, December 12, 9:45 to 11 a.m. nurses from Longmeadow of Taunton will be here to take blood pressure readings. This free program is open to all.</p> </div>			



Secret Santa

The Senior Center once again happily joins the Raynham Fire Department to collect toys and clothes for children throughout the town who may otherwise not have items for Christmas. The collecting of items will continue until December 18 at the Senior Center, 2215 King Philip Street. We ask you to please bring an unwrapped new toy or item of clothing to the Center up until that date. Hours are 9 a.m. to 5 p.m Monday through Friday.